

The Recreational Reader

Truro Recreation & Beach Department

March 2016

Special points of interest:

- April Vacation Program
- Youth Softball
- Pickleball

Inside this issue:

April Vacation Program	1,2
Youth Softball	1
Adult volleyball	2
Zumba	2
Sports Parent Pledge	3
Pickleball	3
Walking Club	3
Upcoming Events	4
Team Sponsor	4
Suggestions	4

April Vacation Program

Online Registration

Sign up your children to join us for a fun-packed week of arts, crafts, games, and movies

Tues. April 19 - Fri. April 22, 2016

8:00am - 4:00pm: \$25/child

4:00pm - 5:30pm: \$5/child

Multi-child discount \$5

Open to public
Ages 4 - 14
Sign up for the day or the week



SCHEDULE

Tuesday- Patriots Day!

Wear your red, white and blue. Make flag pins, Participate in the Patriots Day Marathon challenge. Patriotic arts and crafts, sports, and playground time.

Wednesday-Earth Day Celebration!

Trash to Treasure projects, Earth Day arts and crafts, playground time, games, sports.

(Continued on page 2)

Youth Softball Registration Open

Youth Softball is open to children in grades 3-6 who either reside in Truro or attend Truro Central School.

For more information or to register click [HERE](#).

Registration Deadline: March 16, 2016



(Continued from page 1)

APRIL VACATION PROGRAM

Thursday-Under the Sea and Pool Party!

BRING YOUR SWIM SUIT AND TOWEL! Come play Sharks and Minnows, Marco Polo, make sea-related origami...and...POOL PARTY AT TOP MAST BEACH POINT HEALTH AND SWIM CLUB @ 2 pm.** Children not registered for the April Vacation can come just to the pool party for \$5.00, if they are supervised by an adult!

Friday-Pajama Party!

Games, arts and crafts, movies, popcorn, and don't forget to wear your pj's! We're waiting until School Vacation to celebrate Mardi Gras! Wear your purple, green and gold. Make bead necklaces, masks, Mardi Gras activities from around the world, and indulge in some Fat Tuesday treats

Wednesday—Planes, Trains and Automobiles!

Make paper airplanes and things that move, Arts and Crafts, Games, Sports

Thursday—Backwards Day!

Dress in a crazy outfit and be prepared to do things a little different today. Backwards games, zany crafts, and even a mad hatter style tea party.

Friday—Pajama Party!

Games, arts and crafts, movies, popcorn, and don't forget to wear your pj's

Adult Volleyball

Sundays: 12pm - 3 pm
Wednesday: 6pm - 7:30 pm



Stop by the Truro Community Center for some drop-in, community volleyball. Bring a team or come alone!

Truro Community Center | 7 Standish Way | N. Truro



Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by certified instructors, Julie Rich and Erin Silva.

Contact instructors for fees and schedules.

Julie Rich - www.purajulie.com

Erin Silva - esilva1@comcast.net

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Fri.	9-10am	Truro Comm. Ctr.	Erin Silva
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich

"Ditch the Workout, Join the Party."



Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out www.nays.org/sportsparentpledge today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!

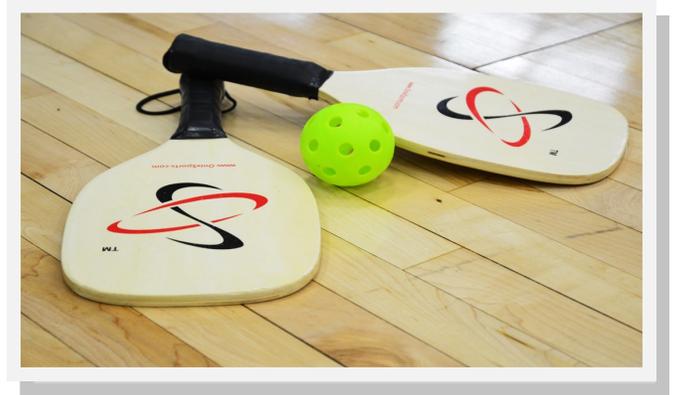


Pickleball At The Truro Community Center!

Mondays: 6 - 8 pm

Saturdays: 10:30 am - 1 pm

Join us for the fastest growing sport in America. Drop-in or bring a team. No skills or equipment required.



Truro Community Center | 7 Standish Way | N. Truro

Truro Walking Club Tuesdays 9:00am

March - 2016
Walks will begin at 9:00 am

Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas on Cape Cod.

- Mar. 1** **North Pamet Rd Walk**
Address: North Pamet Rd
Park: Trail head parking lot at the end of North Pamet Rd, by Hostel.

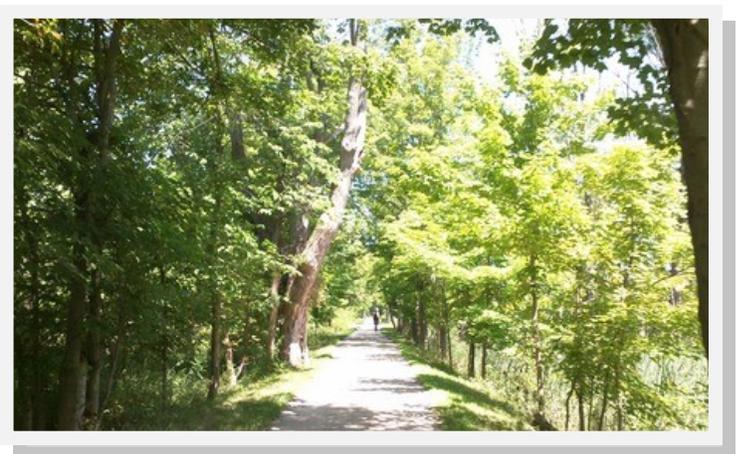
- Mar. 8** **Poor's Hill Walk**
Address: Fisher's Rd
Park: Designated parking area to the side of the road.

- Mar. 15** **Pilgrim Heights Walk**
Address: Pilgrim Heights Rd, Truro
Park: First parking lot

- Mar. 22** **Cold Storage Beach Walk**
Address: Pond Rd
Park: Beach parking lot

- Mar. 29** **Pine Grove Cemetery Walk**
Address: Cemetery Rd, Truro
Park: small parking lot at cemetery, off of Old County Rd, Truro

Schedule subject to change. Check online for updates.
www.truro-ma.gov/recreation-beach-department





RECREATION & BEACH DEPARTMENT

Kelly Sullivan-Clark, Director
ksclark@truro-ma.gov

Damion Clements, CPRP
Assistant Director
dclements@truro-ma.gov

Truro Community Center
7 Standish Way
North Truro, MA 02652
Po Box 2030
Truro, MA 02666

Phone: 508-487-1632
Fax: 508-487-0854

Visit us on the web!
www.truro-ma.gov/recreation-beach-department

"Committed to Community"

Find us on
Facebook

Follow us on
Twitter

The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

Upcoming EVENTS

April Vacation
Program

Youth Softball

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: 508.487.1632

www.truro-ma.gov/recreation-beach-department

Connect with us:



Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632 ext. 23.



Past Sponsors



SEAMEN'S BANK
MEMBER FDIC/DIF

